



Community Mennonite
Church Of Lancaster
328 West Orange Street
Lancaster, PA 17603

Retreat Newsletter of Community Mennonite Church of Lancaster

August 2016

CMCL Annual Retreat



At Black Rock Retreat

Sept. 23-25, 2016

Deepening Relationships—Finding your Place

Are you eager for more opportunities to spend time with CMCLers? Join us Saturday morning of CMCL's annual retreat to explore new ways to deepen relationships with each other through shared areas of interest. This will be an interactive opportunity for participants to shape the common life of our congregation and learn to know peers at CMCL better. We will be brainstorming and creating some new affinity groups based on the energy and passion of CMCLers.

Regardless of your participation in past retreats, or if you are a newcomer to CMCL, this session will be a vital time to discover new ways to connect this year.

Registration and payment are due to the church office by August 31. All registrations will be taken **on-line**. **TO REGISTER**, go to www.communitymennonite.org and click on **Congregational Resources, Retreat Registration**. Choose either full-time or part-time registration form, fill it out, and submit. Send in your \$\$\$. That's all!

Tentative Schedule

Friday Evening

- Arrival/Check in/
Handmade personalized name tags
- Ice Cream "Fridaes"
- Intro to the Weekend
- Hymn Sing (tentative)

Saturday Morning

- Planned Activities for all Children, Infants - 8th Grade
- For Sr. Youth and Adults: Finding Your Place, Creating Affinity Groups, led by Chad and Susan

Saturday Afternoon

- Meeting with New Groups
- Open Time for Various Activities, Including:
 - Ultimate Frisbee
 - Dansko Outlet Run
 - Bike Rides
 - Hay Rides

Saturday Evening

- Talent Show – 7 p.m.
- Open Gym
- Story Circle?

Sunday Morning

- Hymn Sing – 9:30 a.m.
- Worship – 10 a.m.

Expectations for Adults and Children at Retreat

Retreat planners ask you to follow these guidelines for participation of children and parents at retreat:

1. All children must be registered with an adult from their household. This applies to anyone under 18 years of age who is attending retreat. We strongly urge all parents and children to participate in planned activities on Saturday morning. This two-hour session is a vital part of fostering community and relationships with each other. Children especially may misunderstand peers' choices not to participate in planned activities.
2. If you must leave the retreat for any part of the weekend (except for off-camp excursions that are part of the retreat agenda), please take your children with you. Otherwise, children left at retreat unattended become a physical and legal liability of the whole group.



<http://www.themiracleforest.com/2015/01/guide-to-more-peaceful-life.html>

About Black Rock

Directions:

- 1345 Kirkwood Pike, Quarryville, PA
- From Lancaster, take Prince Street south. Follow Route 222 to Quarryville. Turn left at first light in Quarryville.
- Follow main street through Quarryville (about 1 mile) to Route 472.
- Turn right onto Route 472.
- Follow Route 472 for four miles.
- Cross bridge.
- Entrance to Black Rock Retreat is on left. Follow signs to Maranatha Retreat Center.

Lodging:

All rooms are in the Maranatha Retreat Center and include one queen size bed, two single beds and a private bath. All are air conditioned with in-room thermostats. Linens and towels provided. Iron, ironing boards, and laundry facilities available for guest use. Wireless Internet in lobby and meeting rooms.

Amenities:

CMCLers have access to a gym, game room, large, comfortable lobby area, outdoor deck, hiking trails, playground, gaga court and nature center. All meals are provided by Black Rock's dining service and are buffet style with vegetarian options.

Suggested Payment:

- We ask households to pay as much as they can toward the cost of retreat, and the balance is funded by our annual church budget. Costs at Black Rock continue to rise each year, so this year we ask households with children and youth to contribute a nominal amount for each of them.
- The following amounts are suggestions. If you are able to contribute more, it will help fund others' costs. If your household cannot pay the suggested amount, simply pay what you can and CMCL will cover the rest.
- When you register online, you will see there are options to register for part of the weekend as well.
- Suggested payment for full registration:
 - \$185/adult (80% of true cost)
 - \$50/youth age 13-18 (25% of true cost)
 - \$25/child age 5-12 (25% of true cost)
 - Children under age 5: FREE

CMCL Annual Retreat

Black Rock Retreat – Maranatha Retreat Center
September 23-25, 2016



Deepening Relationships—Finding your Place

Schedule of Activities

Friday, Sept. 23 (evening)

- 6:00 Registration Opens with Geeky Nametags
- 8:00 “Fridaes” (Dining Room)
- 8:30 Dance, led by Zita Angelo (on the deck)
- 9:00 Campfire (Oakwood Pavilion)

Saturday, Sept. 24 (morning)

- 7:15 Guided Meditation
(Birchwood; Mary Ellen Francescani)
(to be confirmed)
- 8:00 Breakfast
- 10:00 Adult/Sr. Youth Program (Birchwood)
- 10:00 Childcare – Ends at 11:30
(Infant – Age 3—Downstairs Meeting Room)
- 10:00 Children’s Activities (Age 4 – Grade 8)
Gather in Main Lounge for Groups
- 11:30 Morning Activities End
- 12:00 Lunch

Saturday, Sept. 24 (Afternoon)

- 2:00 Organized Activities
Bike Rides
(Christine Kauffman & Jerry Lapp)

Ultimate Frisbee - Ball Fields above the pool
Daryl Snider & Jean Sensenig

Puppet Show Practice (Birchwood; Beth Graybill
and Julian Brubaker) time t/b/d
- 4:00 Magic Workshop
(Main Foyer; Darrell Yoder)
- 4:00 Yoga – Open to all experience levels, including
beginners. Extra yoga mats provided.
(Meet in Main Lounge; Andrea Lommen)
- 5:00 Dinner

Saturday, Sept. 24 (Evening)

- 7:00 CMCL Talent Show (Birchwood) – Ismail Yoder-
Salim and Roger Lentz, Emcees
- 8:45 Senior Youth Bake Sale Fundraiser
Pretzels and Cider (to be confirmed)
- 9:00 Story Circle hosted by Daryl Snider
(Birchwood)

Sunday, Sept. 25 (morning)

- 8:00 Breakfast
- 9:00 Vacate Rooms
- 9:30 Hymn Sing (Birchwood)
- 10:00 Worship (Birchwood)
- 10:00 Childcare (Downstairs Meeting Room)
- 12:00 Lunch